

WHO'S ON BOARD

Karyn Clay

Karen was born and raised in Lake Tahoe, Nevada. In 1992 she left the "Tahoe nest" and attended college in San Luis Obispo while working at Ocean View Care Home in Cayucos, so she could afford to raise a Cocker Spaniel puppy whom she'd fallen in love with. With an AA degree and two years of elderly care home experience, she moved down to San Diego to study Gerontology. She moved to Hawaii with her best friend after graduating from San Diego State University in 1998. She and her friend figured they would live in Hawaii a year or two, now, 18 years later, she is still here! Since then Karen has worked to serve the community by founding two organizations that care for our Kupuna; Ho'oNani Day Center in Waimea, founded in 2002 and Ho'oNani Care Home, also in Waimea, founded in 2015.

When Karen first moved up to Waimea in 2001, she lived the single life by hiking and/or diving every weekend. Then she went on a cruise in 2004 and met her love, John Clay, who moved out to Hawaii from Florida soon after. She has found that she enjoys reading, walking and relaxing at

the beach or pool when spending quality time with her husband. Karen and John have been married for 10 years and have an intelligent and beautiful 7 year old daughter, Charly, who is an energetic spirit-lifter at the Day Center and Care Home. Their family will expand again this year when they invite Koko, a pet therapy Standard Poodle into the Ho'oNani and Clay 'Ohana!



Karen says "It is my honor to serve North Hawaii Hospice after they have served so many of the individuals that I have provided care for over the past 14 years. Many of the older adults I have cared for since my Cayucos days have passed on and I have always believed it is an honor to be in a position to know, love and care for the wonderful souls of this world in their last years, months and days. They are saturated with heartfelt emotion and memories, which moves me in a way that confirms my calling to serve in this new role on the Board of Trustees of North Hawaii Hospice." Welcome to the NHH Ohana, Karen Clay!

JOIN OUR TEAM AT CHARITY WALK

You can walk or run to support North Hawaii Hospice on Saturday, May 14th at the 38th Annual Charity Walk. It's great fun and this year it will be held at the Waikoloa Beach Resort. The beautiful circuit goes throughout the resort and ends up at a huge celebration of food booths and live music. Some of the finest chefs from

the area's restaurants and hotels provide food tasting booths. That is why they call this the only charity walk where you can gain weight!

Along the walking circuit there are aid stations with various drinks, snacks, and give-away items to keep everyone going strong. There are booths for keiki too. Kids are welcome but please leave

your pets at home.

Each year our walkers and volunteers support this event so that North Hawaii Hospice can be eligible for a grant from the proceeds of the event. We have contribution forms and sign-up sheets. If you are interested, please call or come by our office.

